



Childcare Center Care Licensure - SIDS Update

Effective April 1, 2010, Childcare Centers will be required to follow new Safe Sleep requirements.

Every parent with an infant in childcare should make certain that their provider is aware of the changes. In summary, Section i)

- 1) When the infant cannot rest or sleep on her/his back due to disability or illness, the caregiver shall have written instructions, signed by a physician, detailing an alternative safe sleep position and/or other special sleeping arrangements for the infant. The caregiver shall sleep the infant in accordance with a physician's written instructions.
- 2) Infants that can easily turn over from the back to stomach position shall be placed down to sleep on their backs, but allowed to adopt their preferred position while sleeping;
- 3) No infant shall be put to sleep on a sofa, soft mattress, car seat or swing.
- 4) When an infant is awake, the infant shall be placed on his/her tummy part of the time and observed at all times.
- j) No positioning device that restricts movement within the child's bed shall be used without written instructions from the child's physician. Soft bedding, bumpers, pillows, quilts, comforters, stuffed toys, and other soft products shall be removed from the crib when children are napping or sleeping. If using a blanket, put the child with feet at the foot of the crib. Tuck a thin blanket around the crib mattress, reaching only as far as the child's chest.

Effective January 1, 2010, all prospective childcare providers must have SIDS training in order to obtain their license.

Effective January 1, 2011, all existing childcare providers must have SIDS/SUID training every three years to maintain their license.